



ORENDA WOMEN'S

BALANCED DAILY SUPPORT[†]
DIETARY SUPPLEMENT
90 TABLETS



Recommended intake:

As a dietary supplement, take 3 tablets daily for the best results, or as directed by a physician.

KEEP OUT OF THE REACH OF CHILDREN.

Store with the lid tightly closed in a cool, dry place. Do not use if product appears to be tampered with or seal is broken.

Warning: If you are pregnant or nursing, consult your healthcare professional before using this or any other dietary supplement.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value*
Vitamin A (100% as Beta-Carotene)	2,250 mcg RAE 250%
Vitamin C (as Calcium Ascorbate)	75 mg 83%
Vitamin D ₃ (as Cholecalciferol)	50 mcg (2,000 IU) 250%
Vitamin E (as d-Alpha Tocopheryl Succinate)	134 mg 893%
Thiamin (as Thiamin Mononitrate)	30 mg 2,500%
Riboflavin (Vitamin B-2)	20 mg 1,538%
Niacin (as Niacinamide)	30mg NE 188%
Vitamin B-6 (as Pyridoxine HCl)	20 mg 1,176%
BioFolate Calcium (as L-5-Methyltetrahydrofolate)	1,359 mcg DFE 340% (800 mcg Folic Acid)
Vitamin B-12 (as Methylcobalamin)	30 mcg 1,250%

*Supplement Facts Continued Inside (Unfold Label)

Contains soy.



Peel Here >>>

Supplement Facts (continued)

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value*
Biotin	300 mcg 1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 600%
Choline (as Choline Bitartrate)	10 mg 2%
Calcium (as Calcium Citrate)	200 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Amino Acid Chelate)	100 mg 24%
Zinc (as Amino Acid Chelate)	15 mg 136%
Selenium (as Selenomethionine)	200 mcg 364%
Copper (as Amino Acid Chelate)	1 mg 111%
Manganese (as Amino Acid Chelate)	5 mg 217%
Chromium (as Chromium Picolinate)	100 mcg 286%
Molybdenum (as Aspartate)	50 mcg 111%
Tocotrienols	500 mcg **

o-Harmony™ Blend: 180 mg **
Dong Quai (*Angelica sinensis*) (root), Red Raspberry (*Rubus idaeus*) (leaf), Black Cohosh extract (*Cimicifuga racemosa*) (root/rhizome), Chaste Tree (*Vitex agnus-castus*) (berries), Deodorized Garlic (*Allium sativum*) (bulb), Ginger (*Zingiber officinale*) (root), Evening Primrose Oil.

Mixed Tocopherols: d-Beta Tocopherol, d-Gamma Tocopherol, d-Delta Tocopherol.	35 mg **
N-Acetyl-L-Cysteine	30 mg **
Citrus Bioflavonoids	25 mg **
Co Enzyme Q10	15 mg **
Alpha Lipoic Acid	15 mg **
Grape Seed (<i>Vitis vinifera</i>) (seed) extract	10 mg **
Inositol	10 mg **
Mixed Carotenoids: Alpha Carotene, Lutein, Lycopene, Zeaxanthin, Astaxanthin, Other Carotenoids.	3.25 mg **
Boron (as Amino Acid Chelate)	2mg **
Resveratrol (<i>Polygonum cuspidatum</i>) (root) extract	2mg **
Vanadium (as Vanadyl Sulfate)	20 mcg **

* % Daily Value is based on a 2,000 calorie diet ** Daily Value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, hypromellose, croscarmellose sodium, magnesium stearate, silicon dioxide, aqueous vanilla coating (HPMC, gum acacia, glycerine, sunflower oil, natural flavor, maltodextrin, triacetin). **Contains soy.**

Formulated and Distributed by Orenda International LLC
6007 S. 40th Street, Suite 3, Phoenix, AZ 85042 USA

www.orendainternational.com • ©2023 Orenda International LLC • 0423-12 6097