

## Be your **BEST SELF**

with Orenda

# An explosion in science is creating massive confusion!



- + 1,000s of products
- + Confusing and conflicting information
- + No professional guidance



Nutrition...for people who think®

#### + Health Made Easy

Orenda has taken today's complex science and recent breakthroughs and distilled them into a few comprehensive products, designed to support the systems of your body in their natural state.

- Immune\*
- Pituitary/Hormone\*
- Digestive\*
- Libido/sexual function\*
- Detoxification Support\*
- Anti-Oxidant\*
- + No confusion
- + The best and latest science
- + Premier quality
- + Fabulous results!

#### Start Your Journey to a Healthier Life Now!

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

### Bring harmony back to your health with the

### **Mid-Life Balance Bundle**



#### The simple truth about menopause

Menopause-related hormone imbalances can wreak havoc on daily life. Irritability, weight gain, mood swings, brain fog, fatigue, occasional sleeplessness, night sweats, cycle irregularity, hot flashes, and more can leave us feeling less like our true selves.

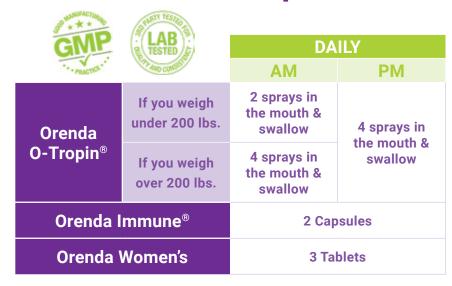
Simply put, menopause affects each one of us differently, but powerfully.

Let the Mid-Life Balance Bundle help you get back to being you.\*

## All-natural program is scientifically formulated to help provide:

- ✓ Deep restorative sleep when you have occasional sleeplessness\*
- ✓ Nutritional support\*
- ✓ Optimal pituitary function\*
- ✓ Detoxification of hormone disrupters\*

### How to take the products:





## What's Your Health Budget?

**Daily Coffee** 

retail \$6-8/day

MID-LIFE BALANCE BUNDLE

retail \$7.30/day

auto-ship \$5.84/day

wholesale \$4.38/day

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Orenda Immune® supports both cellular detoxification and immune system balancing.\* The advanced ingredients Calcium d-Glucarate, Muramyl Peptides and Beta 1,3 glucans are some of the most powerful immune compounds discovered. Together they create profound synergy for your Immune System. This proprietary blend of ingredients is exclusive to Orenda Immune®.

#### + Beta 1,3 Glucans

Support the immune system by connecting directly with receptors on circulating immune cells to promote their activity.\*

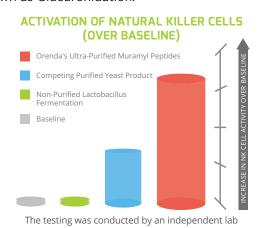
#### + Muramyl Peptides

Support natural killer cells.\*

#### + Calcium d-Glucarate

Supports your body's natural process of cellular detoxification, also known as Glucuronidation.\*





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#### The Process of Glucuronidation

- 1. Glucarate covers cell.
- 2. Toxins attack cells.
- 3. Through glucuronidation harmful substances are removed from the cells, made water soluble, and eliminated from the body.
- 4. A harmful enzyme often reverses glucuronidation, releasing toxins back into the body.
- 5. Glucarate from cell bonds with the enzyme, preventing its harmful actions.













#### + The Difference is in the Delivery

A liposome is a tiny fat bubble. This bubble is made up of layers of phospholipids similar in makeup to our cell membranes. This creates a pouch in which ingredients can be carried, protected and delivered to target tissues in the body. Liposome Technology is a rapidly expanding area of state of the art pharmacology. It is widely recognized as the optimal delivery system of necessary treatments. However, this method is still under utilized in the natural health arena. O-Tropin harnesses the revolutionary nature and effectiveness of this technology.





Orenda O-Tropin® is recommended to anyone over the age of thirty who is serious about enjoying the prime of life. Orenda's O-Tropin® uses an advanced liposomal delivery system to effectively administer its proprietary formula. Used twice daily, Orenda O-Tropin® supports restorative sleep when you have occasional sleeplessness and it helps support normal pituitary function.\*

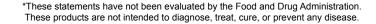
Research suggests that the amino acids found in Orenda O-Tropin®
— including ornithine alpha ketoglutarate, L-glutamine, L-arginine,
L-lysine, L-valine, L-isoleucine, L-tyrosine and glysine can help nourish
the pituitary gland and support its healthy activity.\*

#### + A Healthy Pituitary!

A healthy pituitary has been associated with many of the following benefits:

- Energy and endurance
- Healthy immune function
- Healthy blood pressure
- Libido / sexual function
- Healthy mood and brain activity
- Healthy metabolism
- Lean muscle mass
- Normal sleep patterns





## ENTERCELLULAR®







Orenda Entercellular® offers the exceptional cellular support of Proanthocyanidins, widely understood to be the most effective natural antioxidants available.\* Combined with support for the creation of ATP, the cell's energy creator, this is the boost that your body needs and the natural energy boost that you want!\*



#### ORENDA ENTERCELLULAR®

retail \$2.00/day

auto-ship \$1.60/day

wholesale \$1.20/day



#### + The Aronia Berry

The Aronia berry is native to North America. For years, this native berry had been overlooked because of its strong astringent flavor, a flavor that can be attributed to an enormous amount of antioxidant phytochemicals, most notably oligomeric proanthocyanidins, or OPCs.

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Orenda Probiotic has a total of TEN different beneficial bacteria to help support healthy intestinal flora and digestion.\* Three of these, Bacillus coagulans, Bacillus clausii and Bacillus subtilis have garnered recent headlines for their exceptional ability to retain their potency past the acid environment of the stomach to promote healthy bacteria in the small intestine and colon - the kind of bacteria that aids in balancing digestion, immunity and absorption of nutrients.\*













#### + More than 31 enzymes, probiotics & prebiotics

Orenda Eaze® is scientifically formulated to support gut health.\* Orenda Eaze's proprietary formula, delivered in an effective and convenient capsule, helps maintain healthy intestinal flora in a whole new way through an innovative blend of digestive enzymes, probiotics, prebiotics, and a systemic enzyme.\* It can also help with bloating, gas, occasional acid indigestion, and occasional constipation.\* You will love what Orenda Eaze® does for your cleanse and will surely want to continue with its many benefits for your healthy lifestyle.

#### + Orenda Systemic

Orenda Systemic is an enteric coated strain of Serrapeptase. The enzyme Serrapeptase is "systemic" because it is absorbed through the small intestine so it can support anti-inflammatory effects, healthy circulation, and cleansing.\* Stomach acid can degrade the enzyme and make it less effective, but Orenda solves that problem by enterically coating our Serrapeptase so that it is protected from stomach acids to stay effective throughout digestion.\*

#### + 6 Digestive Formulas in One













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## WOMEN'S







Orenda Women's formula is designed to enhance the health of women over 30, with a formula combining a meticulous blend of vitamins, minerals, and nutrients to keep the body in balance.\*



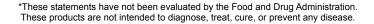
## ACTIVE







Orenda's Active formula is designed to support a healthy lifestyle, with a formula combining a meticulous blend of vitamins, minerals, and nutrients to help keep the body in balance.\* The unique formula also includes Prickly Pear extract and Asparagus extract which contain heat shock proteins to help support the protection of your body no matter how hard you work or play.\*















#### All the benefits of:

IMMUNE + O-TROPIN + EAZE

+ WOMEN'S or ACTIVE (select one)

### Peak Performance

ORENDA ULTIMATE BUNDLE

retail \$9.30/day

auto-ship \$7.44/day

wholesale \$5.58/day











- Orenda Clean assists in nourishing the body with nutrients that help support the body's natural detoxifying process.\*
- Helps reduce occasional bloating.\*
- Supports detoxification and regularity.\*















- Has trusted ingredients like green coffee extract and irvignia.
- · Helps support the maintenance of healthy glucose levels after meals.\*

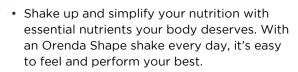
### Shape™











• Nothing else is needed for a ready-to-go meal but a smooth, creamy and delicious shake.



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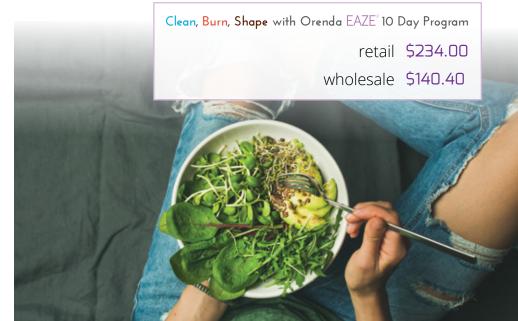
## The 10-Day Detox Cleanse

The Orenda 10-Day Detox Cleanse is a program that will help support and empower a healthy lifestyle. As you jumpstart your natural detoxification process, you'll feel the added benefits of feeling good, better energy...a healthy way to recharge, rejuvenate, and renew. A cleanse three to four times a year is an effective plan for any healthy lifestyle.

### The Schedule

SUN	MON	TUES	WEDS	THURS	FRI	SAT
	С		S	S	S	S
	day 1	day 2	day 3	day 4	day 5	day 6
S	S	С				
day 7	day 8	day 9	day 10			

 $4 \times C = Clean Days$ ,  $6 \times S = Shape Days$ .



#### A Commitment to Quality

Orenda International manufactures all of our products with contract manufacturers in facilities that comply with the strictest Good Manufacturing Practices (GMP) and adhere to the strict FDA standards for dietary and nutritional supplement manufacturing. Orenda is committed to conducting business only with vendors who adhere to the highest ethical standards and who comply with laws and regulations applicable to their business and are registered, licensed and certified by outside agencies that independently certify their compliance with industry guidelines, government regulations, and quality assurance practices.

By using only GMP compliant facilities with exemplary quality control and quality assurance programs, each batch of product we make goes through several quality checkpoints, from raw materials to finished product. Ingredients are tested carefully for identity, purity, and potency. By holding our finished products to the very highest standards, you can be sure that you are doing the very best for your health.

In our commitment to quality and safety, Orenda takes an additional step, beyond the thorough analytical/chemical certificate of analysis testing already conducted by our suppliers and manufacturers. We send our finished products to an independent third party, FDA & EPA Certified and ISO/IEC 117025 accredited laboratory, for confirmation.

In all cases where highest quality ingredients are available in certified form Orenda will use them. Orenda's ingredient sources are predominantly non-GMO and Gluten Free.



We are in the process of closing this gap to 100% non-GMO. Check for the non-GMO and Gluten Free listing on product labels.



# Our greatest success is your health

For almost 21 years, Orenda has been a national leader in health products.

We are driven by scientific insights and a strong passion to harness the natural benefits of vitamins, herbs, and supplements to improve the well-being of the customers we serve.

With a strong commitment to innovation, organic sourcing, and quality manufacturing—all backed by a 30-day money back guarantee—we are confident you will discover Orenda is for you.



INTERNATIONAL

Nutrition...for people who think®

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