



**ORENDA®**  
INTERNATIONAL

Nutrition...for people who think®

# Mid-Life Balance



# Bring harmony back to your health with Mid-Life Balance



## The simple truth about menopause

Menopause-related hormone imbalances can wreak havoc on daily life. Irritability, weight gain, mood swings, brain fog, fatigue, occasional sleeplessness, night sweats, cycle irregularity, hot flashes, and more can leave us feeling less like our true selves.

Simply put, menopause affects each one of us differently, but powerfully.

**Let Mid-Life Balance help you get back to being you.\***



*"It feels great to be me again."*  
— Monique P., Age 55

## How to take the products:

		DAILY	
		AM	PM
O-Tropin®	If you weigh under 200 lbs.	2 sprays in the mouth & swallow	4 sprays in the mouth & swallow
	If you weigh over 200 lbs.	4 sprays in the mouth & swallow	
Orenda Immune®		2 Capsules	
Orenda Women's		3 Tablets	

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

# Working in harmony for balanced hormonal health\*

## The Power of Three



## Mid-Life Balance by ORENDA

All-natural program is scientifically formulated to help provide:

- ✓ Deep Restorative Sleep When You Have Occasional Sleeplessness\*
- ✓ Nutritional Support\*
- ✓ Optimal Pituitary Function\*
- ✓ Detoxification of Hormone Disrupters\*



Strict adherence to Good Manufacturing Practices (GMP) ensures product purity from testing to distribution.

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The Orenda O-Tropin® oral spray uses an advanced liposomal delivery system to effectively administer a proprietary blend of amino acids, Alpha GPC, GABA, Mucuna Pruriens Extract, and Moomiyo Extract.

Used twice daily, Orenda O-Tropin® supports restorative sleep when you have occasional sleeplessness and it helps support normal pituitary function.\*



Designed to enhance the health of women over 30, Orenda Women's combines a meticulous blend of vitamins, minerals, and nutrients to help keep the body in balance.\*

The unique formulation includes herbs that help maintain balanced hormones, including Dong Quai, Red Raspberry, Black Cohosh, Chaste Tree, Deodorized Garlic, Ginger and Evening Primrose Oil.\*



Orenda Immune® supports cellular detoxification and a balanced immune system with Calcium d-Glucarate, Muramyl Peptides, and Beta 1,3 glucans—some of the most powerful compounds known today for the immune system.\*

- ✓ **Beta 1, 3 Glucans** connect directly with circulating immune cell receptors to help promote activity.\*
- ✓ **Calcium d-Glucarate** supports cellular detoxification—targeting Xenoestrogens and other hormone disrupters with estrogen blocking effects.\*
- ✓ **Lactobacillus Fermentium** has shown in laboratory studies to support increased activity in key cells of the immune system.\*

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# Build a foundation to restore vitality

with  
**Mid-Life Balance**



## Detoxification

We are surrounded by tens of thousands of toxins everyday. Our unique formulation helps eliminate xenoestrogens and other hormone disrupting toxins circulating in our bodies.\*



## Pituitary Support

Daily stress negatively impacts the pituitary gland, causing body imbalances. Mid-Life Balance specifically optimizes pituitary gland function to encourage Human Growth Hormone secretion and support a balanced endocrine system.\*



## Restorative Sleep

Our proprietary blend of Alpha G.P.C, Pharma GABA, and Mucuna Pruriens provides deep restorative sleep when you have occasional sleeplessness to support proper biological and immune function.\*



## Essential Nutrients

Over 40 organic herbs and supplements are scientifically formulated to bring harmony back during menopause.\*

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# Our greatest success is your health

For almost 20 years, Orenda has been a national leader in health products.

We are driven by scientific insights and a strong passion to harness the natural benefits of vitamins, herbs, and supplements to improve the well-being of the customers we serve.

With a strong commitment to innovation, organic sourcing, and quality manufacturing—all backed by a 30-day money back guarantee—we are confident you will discover Orenda is for you.



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